

PETERS TOWNSHIP SCHOOL DISTRICT

CORE BODY OF KNOWLEDGE (CBK)

SCHOOL COUNSELING

2nd Grade

For each of the sections that follow, students may be required to understand, apply, analyze, evaluate or create the particular concepts being taught.

COURSE DESCRIPTION

The Peters Township School Counseling Program promotes and enhances the learning process for all students through an integration of Academic, Personal/Social and Career Development. Key areas of focus include assisting students to acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.

STUDY SKILLS

- Use effective communication skills to know when and how to ask for help.
- Identify how persistence and effort positively affect learning.
- Use effective coping skills.
- Apply conflict resolution skills.
- Academic goal setting.
- Personal goal setting.

MAJOR UNIT THEMES:

1. ACADEMIC DEVELOPMENT

- Develop a broad range of interests.
- Demonstrate effort and persistence.
- Accept mistakes.
- Take responsibility for actions.
- Listen to learn and ask for help.
- Develop confidence to try new things.
- Demonstrate the relationship between interests and future work.
- Understands that balance between many interests, skills, and activities is important.
- Understand the value of life-long learning is essential to achieving life's goals.

2. PERSONAL/SOCIAL DEVELOPMENT

- Learn how to make and keep friends.
- Recognize, accept, respect, and appreciate individual differences.
- Identify and express feelings.
- Practice effective communication.
- Learn effective coping skills.

- Learn problem-solving strategies and conflict resolution skills.
- There are consequences for decisions and choices.

3. CAREER DEVELOPMENT

- Traditional and non-traditional occupations.
- Individuals have personal skills, interests, and motivations.
- Decision making and goal setting will help students make informed career choices.
- Identifying interests, skills, abilities, and how they relate to careers.
- Work cooperatively with others will help develop skills needed for future careers.

MATERIALS (and Supplemental materials used in course):

- Counselor prepared teaching materials and lesson plans
- The Seven Habits of Happy Kids, Sean Covey (2008)
- Covey 8 Habits Poster
- Counselor developed scripts for role playing
- DUSO, Developing Understanding of Self and Others, American Guidance Service
- PATHS Lessons, Promoting Alternative Thinking Strategies, Kusche and Greenberg
- Feelings Bingo
- How to Lose All Your Friends, Nancy Carlson
- The Recess Queen, Alexis O’Neill (2002)
- Just Kidding, Trudy Ludwig (2006)
- “Friendship Bingo,” Mar-Co Products 2006 or counselor-made bingo
- School-to-Career Connection

Revised September 2014